



lifesavers
The Royal Life Saving Society UK

HOW TO BE AN RLSS UK TRAINER ASSESSOR

Pre-Requisites
Member of RLSS UK
Aged 18 or over
Hold current:
Bronze Medallion and Life Support 3
Or
NPLQ
or
NBLQ
or
AP(E)L

TA FOUNDATION UNIT 1: Training the Trainer

TA FOUNDATION UNIT 2: Training the Assessor

These include CPR competency, basic knowledge test, pool and classroom presentations to form a portfolio.

It is expected that completion of the Foundation and desired specialist units would be undertaken within two years. Anyone wishing to attend the Specialist unit outside this time span should apply in writing to RLSS UK with a copy of their portfolio.

Pre-requisites
18 years old,
Member of RLSS UK,
L Supp 3, dry aspects of
TA Foundation Units 1 + 2

Pre-requisites
18 years old,
Member of RLSS UK,
Current full NPLQ
TA Foundation Units 1+2

Pre-requisites
18 years old,
Member of RLSS UK,
Current B Med & L Supp 3
TA Foundation Units 1 + 2

Pre-requisites
18 years old,
Member of RLSS UK,
Current full NBLQ
TA Foundation Units 1 + 2

Pre-requisites
18 years old,
Member of RLSS UK,
Crew & Helm Award
TA Foundation Units 1 + 2

Pre-requisites
18 years old,
Member of RLSS UK,
Current TA L Supp or
FAW Lay Trainer

**Specialist Unit 3
Life Support TA
Course**
including
successful
completion of
Skills and
Knowledge test

**Specialist Unit 4
Pool TA Course**
including successful
completion of
Skills and
Knowledge test

**Specialist Unit 5
Lifesaving
TA Course**
including
successful
completion of
Skills and
Knowledge test

**Specialist Unit 6
Beach TA Course**
including
successful
completion of
Skills and
Knowledge test

**Specialist Unit 7
Rescue Boat
TA Course**
including
successful
completion of
Skills and
Knowledge test

**Specialist Unit 8
Extended Life
Support TA Course**
including successful
demonstration of
CPR Skills and
completion of
Knowledge test

Specialist unit includes training and assessing the specialist subject and related administration. Mentoring to demonstrate satisfactory standards of training and assessing have been achieved.

Trainer Assessor